

Pressure Points Secrets of Isshin-ryu Karate

a true “fighting style”

- distinctive Isshin-ryu application
- devastating kihon waza
- pressure point okuden

Only \$50 for both sessions
(\$35 for one session)

10 :00 a.m. - 12:30 p.m.

1:30 p.m. - 4:00 p.m.,

Saturday, November 19, 2011

Romeoville Recreation Center
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Chris Thomas
is a world renowned
teacher of pressure
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martial arts.